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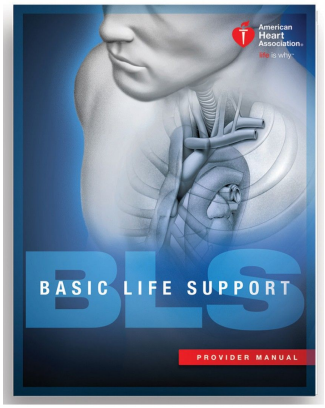

Basic Life Support (BLS) is available in two different training – blended learning Dwi Nadeak. BLS Course Options. Basic Life Support (BLS) Course Options.

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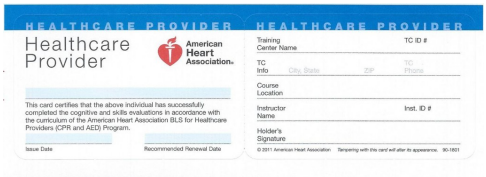
PDF Download Accessible Text Version (PDF) Guidelines use recent version of definitions for COR and LOE (Figure 1). Overall, specific are for adult, pediatric, and neonatal life support; resuscitation education science; and of care Adult BLS for Providers.


HEALTHCARE PROVIDER
Healthcare Provider
American Heart Association.
This card certifies that the above individual has successfully completed the cognitive and skills evaluations in accordance with the curriculum of the American Heart Association BLS for Healthcare Providers (CPR and AED) Program.
Issue Date
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HEALTHCARE PROVIDER
Training Center Name
TC ID #
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Course Location
Instructor Name
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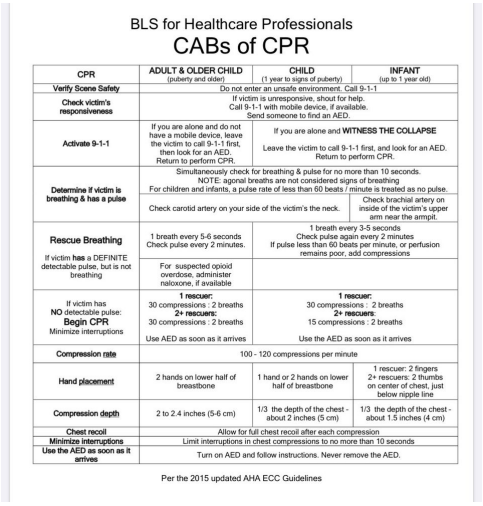
BLS Provider is designed for use by a single user and as a student reference tool pre- and It includes on single-rescuer and basic life support skills for application in in diferences are BLS Provider contains all of students need to know to successfully BLS Course.



BLS for Healthcare Professionals

CABs of CPR

CPR	ADULT & OLDER CHILD (puberty and older)	CHILD (1 year to signs of puberty)	INFANT (up to 1 year old)
Verify Scene Safety	Do not enter an unsafe environment. Call 9-1-1		
Check victim's responsiveness	If victim is unresponsive, shout for help. Call 9-1-1 with mobile device, if available. Send someone to find an AED.		
Activate 9-1-1	If you are alone and do not have a mobile device, leave the victim to call 9-1-1 first, then look for an AED. Return to perform CPR.	If you are alone and **WITNESS THE COLLAPSE** Leave the victim to call 9-1-1 first, and look for an AED. Return to perform CPR.	
Determine if victim is breathing & has a pulse	Simultaneously check for breathing & pulse for no more than 10 seconds. NOTE: agonal breaths are not considered signs of breathing For children and infants, a pulse rate of less than 60 beats / minute is treated as no pulse.		
	Check carotid artery on your side of the victim's the neck.		Check brachial artery on inside of the victim's upper arm near the armpit.
Rescue Breathing If victim **has** a DEFINITE detectable pulse, but is not breathing	1 breath every 5-6 seconds Check pulse every 2 minutes.	1 breath every 3-5 seconds Check pulse again every 2 minutes If pulse less than 60 beats per minute, or perfusion remains poor, add compressions	
	For suspected opioid overdose, administer naloxone, if available		
If victim has **NO** detectable pulse: **Begin CPR** Minimize interruptions	**1 rescuer:** 30 compressions : 2 breaths **2+ rescuers:** 30 compressions : 2 breaths Use AED as soon as it arrives	**1 rescuer:** 30 compressions : 2 breaths **2+ rescuers:** 15 compressions : 2 breaths Use the AED as soon as it arrives	
Compression rate	100 - 120 compressions per minute		
Hand placement	2 hands on lower half of breastbone	1 hand or 2 hands on lower half of breastbone	1 rescuer: 2 fingers 2+ rescuers: 2 thumbs on center of chest, just below nipple line
Compression depth	2 to 2.4 inches (5-6 cm)	1/3 the depth of the chest - about 2 inches (5 cm)	1/3 the depth of the chest - about 1.5 inches (4 cm)
Chest recoil	Allow for full chest recoil after each compression		
Minimize interruptions	Limit interruptions in chest compressions to no more than 10 seconds		
Use the AED as soon as it arrives	Turn on AED and follow instructions. Never remove the AED.		

Per the 2015 updated AHA ECC Guidelines

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Overall, specific are for adult, pediatric, and neonatal life support; resuscitation education science; and of care diferences are Guidelines use recent version of definitions for COR and LOE (Figure 1).

BLS Provider eBook is electronic equivalent of BLS Provider It offers an alternative to printed course and is for use by a single student before, during and after BLS Course online portion + skills session an Instructor, or a voice-assisted or Station $ Basic Life Support Description.